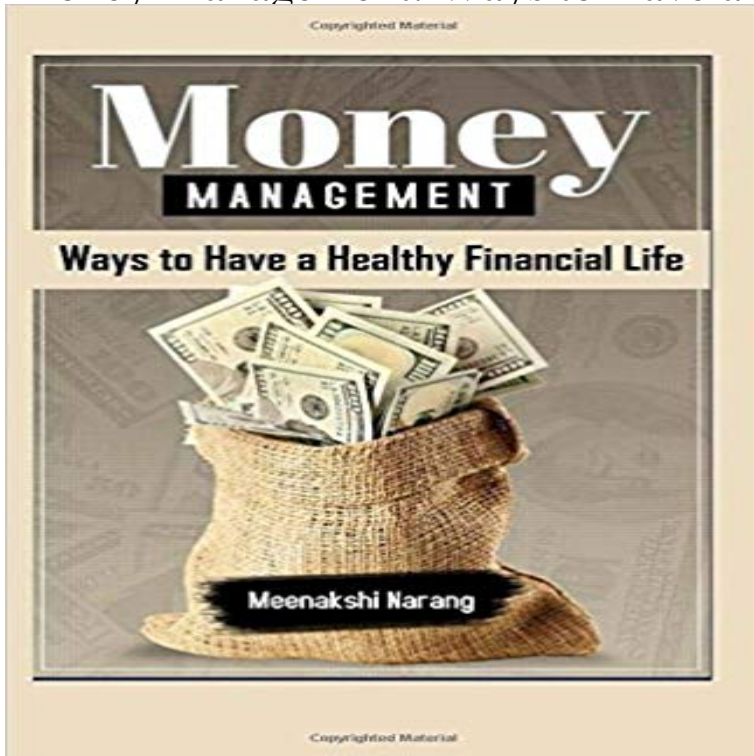


# Money Management: Ways to Have a Healthy Financial Life



The usual subjects that were taught to us in school are Sciences, Languages, and Performing Skills. One thing that is never taught to us is the management of personal finances. This is one skill that we must learn to be able to manage the most important aspect of our maintenance - Money. Undeniably, money rules our life. But it is a fact that many of us don't know how to have full control with our money. Very often, during the times of financial abundance or crises, we tend to lose our financial stability and mismanage our funds. It is not enough to just earn. It is equally important to manage the finances wisely. This book will teach you how to spend and manage your financial resources without having to worry about suffering financial setbacks in the future. You will also learn about the fundamentals of money management that is far different from what we learn from the books and journals on budgeting, accounting or finance. This book will guide you through managing of long term financial goals and learning to save for future by creating sufficient financial buffers.

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